



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2	3	4	5	6
	NATIONAL	SCHOOL	BREAKFAST	BREAKFAST	WEEK
BREAKFAST	WHOLE GRAIN CEREAL FRUIT ASSORTMENT JUICE MILK	EGG AND CHEESE BREAKFAST BURRITO FRUIT ASSORTMENT JUICE MILK	WHOLE GRAIN CEREAL FRUIT ASSORTMENT JUICE MILK	HOMEMADE ZUCCHINI MUFFIN FRUIT ASSORTMENT JUICE MILK	FRENCH TOAST STICKS FRUIT ASSORTMENT JUICE MILK
LUNCH	EGG AND TURKEY CHORIZO BURRITO HOMEMADE SALSA CHARRO BLACK BEANS CELERY STICKS APPLESAUCE MILK	FRUIT AND YOGURT PARFAIT BABY CARROTS CUCUMBERS ORANGE WEDGES MILK	CHICKEN AND WAFFLES SEASONED CURLY FRIES JICAMA MIXED FRUIT MILK	BISCUIT AND GRAVY CORN BELL PEPPER FRESH GRAPES MILK	YOGURT CINNAMON GRAHAM GRIPZ STRING CHEESE STICK FRESH BROCCOLI BANANA MILK
	DAY 3	DAY 4	DAY 5	DAY 6	DAY 1
	9	10	11	12	13
	16	17	18	19	20
BREAKFAST	WHOLE GRAIN CEREAL FRUIT ASSORTMENT JUICE MILK	YOGURT GRANOLA FRUIT ASSORTMENT JUICE MILK	WHOLE GRAIN CEREAL FRUIT ASSORTMENT JUICE MILK	WAFFLE AND CHICKEN SANDWICH FRUIT ASSORTMENT JUICE MILK	HOMEMADE PUMPKIN MUFFIN FRUIT ASSORTMENT JUICE MILK
LUNCH	PILLOW PULL APARTS MARINARA SAUCE BABY CARROTS FRESH PEAR MILK	"MAC AND SMACK" CRINKLE CUT FRIES FRESH STRAWBERRIES MILK	FRENCH BREAD CHEESE PIZZA RANCH GARDEN SALAD WITH CARROTS CUCUMBER COINS DICED PEACHES MILK	TURKEY GRAVY MASHED POTATOES WHOLE WHEAT ROLL CORN APPLE SLICES MILK	NACHOS SHREDDED LETTUCE HOMEMADE SALSA SOUR CREAM REFRIED BEANS FROZEN PEACH CUP AND MILK
	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6
	23	24	25	26	27
BREAKFAST	WHOLE GRAIN CEREAL FRUIT ASSORTMENT JUICE MILK NATIONAL TAMALES DAY!	BEEF SAUSAGE AND CHEESE BAGEL FRUIT ASSORTMENT JUICE MILK	WHOLE GRAIN CEREAL FRUIT ASSORTMENT JUICE MILK	HOMEMADE BLUEBERRY MUFFIN FRUIT ASSORTMENT JUICE MILK	BREAKFAST EGG AND CHEESE TAC-GO FRUIT ASSORTMENT JUICE MILK
LUNCH	CHILI CHEESE TAMALES HOMEMADE SALSA CHARRO BLACK BEANS BABY CARROTS APPLESAUCE MILK	MANDARIN ORANGE CHICKEN CHOW MEIN NOODLES WITH VEGGIES STEAMED BROCCOLI ORANGE WEDGES MILK	CHICKEN BITES BBQ SAUCE SHOESTRING FRENCH FRIES DICED PEARS MILK	CHICKEN PARMESAN CUCUMBER COINS CELERY STICKS BANANA MILK	NACHO PRETZEL POCKET RED BELL PEPPER JICAMA STICKS BLUE RASPBERRY RIPS HOMEMADE CHOCOLATE CHIP COOKIE MILK
	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
	30	31			
BREAKFAST	MANAGERS	TURKEY SAUSAGE BREAKFAST FLATBREAD FRUIT ASSORTMENT JUICE MILK			
LUNCH	 CHOICE	BBQ PULLED TURKEY SANDWICH BAKED BEANS COLE SLAW FRESH GRAPES MILK			
	DAY 6	DAY 1			

MENUS ARE SUBJECT TO CHANGE

A choice of 1% White or Non-Fat White milk is offered daily for breakfast.
100% Fruit Punch, Apple, Orange, and Grape Juice is offered daily for breakfast.

A choice of 1% White, Non-Fat White, Non-Fat Chocolate and Non-Fat Strawberry milk is offered daily for lunch.

*Salad Bar is offered at Middle Schools on selected days. All five food components are offered: Fruit, Vegetables, Grains, Meat/Meat Alternate, and Fluid Milk. Please check with your Café on the specific days.

BREAKFAST

Breakfast is currently free of charge to students due to participation in Special Assistance Programs and Breakfast in the Classroom.